

**Massage Concepts**  
**PREGNATAL MASSAGE WAIVER**



It is typically safe to get a massage when you are pregnant but it is important you first consult your healthcare provider and also important for you to let Massage Concepts know if you are pregnant. We will keep it confidential.

**Acceptance Of This Waiver And Release of Liability By Receiving Massage Therapy**

All clients are required to let **Massage Concepts** know they are pregnant and sign this Pregnancy Massage Waiver which is posted at Massage Concepts and on the Massage Concepts website. *By accepting massage therapy from Massage Concepts, you agree to be bound by this waiver and waiver of liability, even if you do not sign the waiver.*

By accepting massage therapy from Massage Concepts when pregnant, you certify and agree that:

1. You have consulted your healthcare provider and confirmed you are medically fit to receive massage therapy during your pregnancy;
2. Your health care provider has not advised that you should not receive massage therapy during pregnancy because of any medical condition or symptoms you have;
3. Your pregnancy has not been determined to be “high risk” by your health care provider;
4. You are not aware of or experiencing any symptoms or health conditions which would render massage unsafe for me or endanger your pregnancy;

Purely for your convenience, page 2 of the waiver provides a non-exhaustive list of conditions and complications which can make massage therapy contraindicated during your pregnancy. It is important you consult with your healthcare provider.

5. You understand that receiving massage therapy is not meant to replace appropriate medical care;
6. You will update Massage Concepts of any changes in your condition during your pregnancy which may affect my ability to safely receive massage therapy during your pregnancy; and
7. By accepting massage therapy from Massage Concepts, you hereby consent to receive massage therapy during your pregnancy and waive any and all present and future claims for liability against Massage Concepts and any of its therapists and other employees for any and all harm that may occur as a result of receiving massage therapy from Massage Concepts during your pregnancy.

**Acknowledgement**

By your signature below, you confirm having disclosed your pregnancy to Massage Concepts, agree to be bound by the waiver, and certify that the above statements are true and correct, and

\_\_\_\_\_  
Client signature

\_\_\_\_\_  
Client name (printed)

**Massage Concepts**  
**APPENEIX TO PREGNANCY MASSAGE WAIVER**



**Conditions And Complications For Which Massage Therapy Is Contraindicated During Pregnancy**

The following is a non-exhaustive list of conditions and complications which may make massage therapy contraindicated during pregnancy. The list is not intended as providing healthcare advice. You should consult your healthcare provider before receiving massage therapy.

<ul style="list-style-type: none"><li>• History of miscarriage</li><li>• Gestational Diabetes</li><li>• Cardiac, pulmonary, liver or renal disorders</li><li>• Mother's age is under 20 or over 35</li><li>• Pitting edema</li><li>• Epilepsy or other convulsive disorders</li><li>• Placental or cervical disfunction</li><li>• Abdominal pain</li><li>• Leaking of amniotic fluid</li><li>• Fever</li><li>• Sudden edema / swelling</li><li>• Severe headaches</li></ul>	<ul style="list-style-type: none"><li>• History of any high risk pregnancy</li><li>• Preeclampsia</li><li>• Drug exposure</li><li>• Multiples</li><li>• Hypertension</li><li>• Genetic abnormalities</li><li>• Fetal growth retardation</li><li>• Bloody discharge</li><li>• Sudden weight gain</li><li>• Diarrhea</li><li>• Decrease in fetal movement</li><li>• Severe nausea or vomiting</li></ul>
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